

# MESSAGES FROM BHAGAWAN

To some,  
Eating and enjoying their meals is guaranteed.  
To others receiving even one meal is a miracle.

To some,  
Having a nice comfortable home is natural.  
To others having a roof,  
Sometimes on a cold rainy day is a miracle.

To some wearing beautiful clothes  
Is taken for granted.

To others to have a small wrap,  
To uphold their dignity, is a miracle.

So what is a miracle?

Ask yourselves, am I fortunate?

Each one of you today,  
Are surrounded by innumerable miracles.

The miracle of life,  
The miracle of being surrounded by God.

All that you have today is a miracle!

Whatever you are blessed with,  
Remember, there is someone out there,  
Deprived of those same blessings.

Be grateful! Be thankful! Be content!  
Be generous! Be compassionate! Be helpful!

Do not complain like a broken record.

Each one of you are blessed,  
With a special gift of My love.

Find your gift, unwrap it, and treasure it.

---

Once, a young man passed Me on a road,  
With a lot of baggage on his back.

"What do you look for?" I asked.

"I look for God", he said.

I said, "Come let me show you the way."

He laughed and thought of Me mad.

Ten years later I saw him older,  
Passing on the same road.

He had more baggage on his back.

Looked a little older and more tired than before.

"What do you look for?" I asked.

"I look for God", he said.

"Come let me show you the way," I said

He laughed aloud and brushed me aside.

Forty years later I saw him again,  
Old and very grey.

His vision blurred and could hardly walk,

With even more baggage.

He came up to Me and asked,

"Do you know where God is?"

He looked into My eyes and said,

I know now who you are,

But it is too late now.

How can I make this journey,

For my body lacks strength.

I smiled and reminded him,

That I always give another chance.

There is always another birth, I said,

For you to start your journey all over.

So do not waste time  
Taking several births.  
In every birth at one stage,  
You will find Me standing and waiting.  
For I have always chosen  
A path for you long before.  
So place your faith in Me,  
Hold My hand,  
And walk with Me  
back home.

---

I do not make decisions  
Only on your present situation,  
For I have known the past,  
More than you ever remember,  
And I see your future ahead.  
I decide, when I look at  
Your past karmas,  
Your present spiritual effort.  
That determines your future.  
Spread your hands,  
Ask for My grace,  
Spiritually discipline yourself,  
And leave the rest to Me.  
Do not think that when you come to Puttaparthi,  
All your problems will be solved.  
For I do not reside in Puttaparthi alone.  
Everything will be resolved when you realize,  
That my closest home is in your heart.  
I call you to Puttaparthi,  
Only when I see you struggle,  
To communicate with Me at all times.  
I bring you here, transform slowly your thoughts,  
And send you back home,  
Putting you on the path in which you belong.  
So have confidence in your devotion.



Go back home from here today,  
And resolve to find Me right where you live.  
Believe Me, I live there too!  
Know that and end your search.

---

Everyday when you sit and pray,  
You ask Me things which are needless,  
For the people you ask Me to take care and bless,  
Are already in my protection.  
If they know Me or not,  
I know them and love them.  
I take care of all's welfare.  
Then why do you give Me chosen names?  
When I stand in front of you,  
In your prayers each day,  
Pray for what I have really come to give -  
Faith in Me, love for all,  
And attachment to none but that to self.  
Leave worries at My feet,  
Unburden yourself,  
And in your prayers  
Ask Me as to what it is you want.  
I know what you need.  
I have come to give it.  
So close you eyes,  
And let Me be the author of your prayers.

---

Any act done against My true nature,  
By you in this birth,  
Determines only your own suffering.  
That is fulfilled by you in this or the next few births.  
So base your actions upon  
Those which are in My true nature.

Do not go against the flow of the river,  
You will only cause confusion and face pain,  
Hit against rocks,  
Face the angry force of nature,  
And finally drown in your ego.

---

Do not fear death,  
If you have to fear,  
Fear the way you live your life !

---

You have no right to judge other's actions,  
For you do not know their circumstances,  
you are unaware of their past,  
Or present, or future.  
How can you enlist  
Their strengths and weaknesses?  
Depict character by showing no judgement.  
Be a rock and stand by all.  
Become an image of virtue and strength,  
And give others strength thereby.  
There is no stronger influence  
Than being a good example.  
I do not judge you at any time.  
I live My life by example and not by mere words.  
I stand beside you at all times.  
I bestow on your faith and devotion,  
To be able to face your karmas.  
Use my strength, that you are unaware of.  
It lays within you waiting for it to be found.  
Find it, use it, and enrich your lives.

Do not be attached to comforts and luxuries.  
They will only disorient you away from Me.  
Be simplistic in your way of living.  
You come empty handed,  
And take nothing back with you.  
Lesser the attachments, lesser are your worries.  
Your mind is at peace.  
Your desires are under control.  
you have less feeling of envy of others.  
You have less chances to hate.  
There is no reason for anger,  
And less motivation to worship money.  
Most of all, there will be a feeling of contentment.  
When you are content,  
You automatically make contact with Me.  
We spend more time together,  
You come closer and closer to Me,  
And your life ends with more meaning.

---

You are eternal.  
You are not finite.  
Nothing can kill you, not even death.  
The only death I see,  
Is that of Me within you.  
Wake up from this deep sleep.  
Awaken your conscience.  
Ego covers you and dulls your mind.  
It blurs your vision.  
It hardens your heart.  
It makes your hands lazy and inefficient,  
Do not associate yourself with this body.  
The body dies a hundred deaths.  
The soul lives forever.  
It cannot be killed.  
But you have wounded it and maimed it.



I have come into your life  
To heal those wounds.  
I will not let you be crippled by attachments.  
Listen to the words I speak.  
It will start your healing process.  
Slowly, your soul will revive.  
Return to its home,  
And I will be complete.

---

Talking expends a lot of energy.  
The tongue was given to be used for two purposes.  
To taste and enjoy food,  
Which is needed to keep the body healthy,  
To constantly recite the name of the lord.  
But today, the tongue is used  
To slander one and hurt others.  
It is being used more to indulge in vicious gossip.  
To argue, to abuse and to lie,  
To sit and have meaningless conversations.  
To criticize even God.  
Why are you constantly persisting  
In humiliating your true self?  
Observe silence,  
And you will find  
That silence itself speaks a language.  
The language of eyes that are peaceful.  
The language of your smile that is content.  
Do not exhaust yourselves by talking.  
Every sentence spoken  
Leads to a series of other thoughts.  
Several thoughts crowd your mind,  
Leaving you restless and energyless.  
This releases only negative energy around you.  
This affects your practice of spirituality.  
Remember all the spiritual sadhanas  
will be in vain if the tongue is not controlled.

Do not respond to:

1) Others criticism.

2) An abuse.

3) A personal attack made on you.

Observe silence, chant My name  
and let karma itself be its response.

---

When anger comes, let it go.

Let it go before it erupts.

Like hot lava, that leaves everything bare.

Anger travels from your mind

Into the gaze of your eyes,

Into the words of your lips,

Into the acts of your hands.

It intoxicates you, it weakens you emotionally.

It tires you physically

And drains you of your energy.

It makes you hurt others.

It fills fear in your children

And creates unhappiness

Within you and to all around.

Then why do you welcome it?

Shut the doors to anger.

Do not let it enter in your thoughts.

If it does, close your eyes.

Be determined not to allow it to travel further.

Be victorious and take control of your senses.

You are its master.

Know that and act on it thereby.

---

The worst thing for your spiritual well being  
is "Stress"

Stress which is another word for "worry",



Which in turn is due to "fear".  
And "fear" arises only due to lack of faith in Me.  
I watch you suffer physically and mentally.  
Why do you stress of circumstances,  
That you have determined  
By your own past karmas.  
put all your fears in an envelope.  
Seal it tight and offer it to Me.  
I will accept them gladly,  
And give you in return,  
An envelope filled with love.  
A love that soothes, that takes all your worries.  
A love that fills you with smiles and contentment.  
A love that strengthens you to be righteous.  
A love that carries you across the border of death,  
With no anxieties.  
A love that accepts the most wicked  
And transforms them.  
This love knows no "I".  
It makes you recognize your true self within.  
And when that happens,  
I transform your soul to become part of My love.

---

All physical ailments are directly related,  
To the state of your mind.  
Your body is in tune with your true nature within.  
When your mind gets diseased,  
With anger, jealousy, fear and worries,  
The body becomes unbalanced too.  
The more restless your mind,  
The more the body suffers.  
To cure your physical pains,  
You must cure the pains in your mind.  
You must dismiss and erase painful thoughts  
That arise within you.  
To do this, faith in God is necessary.

To awaken God, a Guru is necessary.  
You must practice spiritual sadhanas,  
That are given by Him,  
To earn better mental and physical health.  
Follow His steps and example  
Of how He would handle  
The circumstances you face.  
Nothing will efface you,  
Once He becomes your ideal and your goal.  
You will face all with courage  
And fortitude of righteousness.  
You will be able to give love in all situations.  
Your faith in achieving Godhood  
Through your Guru,  
Will give you stability and peace of mind.  
Choose your Guru and stay close to Him.  
Believe in Him, follow His example and find God.

---

Krishna gave a discourse to Arjuna,  
On a battlefield of Kurukshetra.  
This was a teaching given by the Lord Himself,  
Thousands of years ago.  
Today, I unfold this Gita to you,  
In the form of Sathya Sai, to you my Bhaktha.  
These messages that I pour upon you,  
Are to be understood  
By the most ignorant of ignorant.  
I give you the precious jewels of wisdom,  
To confer upon others.  
I am handing out to you today,  
All the weapons you need to fight this battle.  
I have seen you lose hundreds of times,  
Due to your lack of faith and purity.  
But today, I come as a Mother,  
To lift My child from the puddle of dirt.  
I will wash you and cleanse you,

Remove all your impurities,  
And reveal your true form and your true parents.  
Read this messages over and over.  
Meditate upon them.  
Understand their significance and use them,  
To end your body and emerge your atma.  
This pure atmic presence that lies in all,  
Connects your presence in them,  
And ultimately in Me !

---

My love for you is the biggest tool of all,  
That attracts you to Me.  
My love remains unchanged,  
Even when you try to erase Me from your lives.  
For I cannot be earsed,  
However hard you try.  
Your origin of your being  
Starts with Me and ends with Me.  
The middle is determined by your own karmas.  
Whether good or bad, you pay or earn.  
I stay in the midst of his, unaffected  
By your so called pleasures and sufferings,  
Watching you lose and sometimes find your way.  
But when you are ready,  
And you call for Me,  
I become your guide,  
For the rest of the way.  
I pour on you the love  
You have never tasted before.  
Like a fish you attach yourself  
To the bait of My love,  
And I reel you in slowly,  
From all your attachments and addictions,  
And I transfer you from the impure water,  
To the pure ocean of My love.



**Wipe away your sins and earn My grace by:**

- 1) Treating animals and birds with love.**
- 2) Protecting the helpless.**
- 3) Taking pity and forgiving the wicked.**
- 4) Compassion for the physically sick and handicapped.**
- 5) Not talking ill of others in their absence.**
- 6) Welcoming the most unwelcome and receiving them.**
- 7) Loving those who especially criticize you.**
- 8) Offering food to the unfortunate and hungry.**
- 9) Forgiving and forgetting all's faults.**
- 10) Sharing your riches with others.**
- 11) Never ridiculing others' beliefs of God.**
- 12) Doing your duty without any complaints.**
- 13) Staying away from those who are upset by your presence.**
- 14) Not giving way to temper.**
- 15) Never being envious of other's possessions, situations or achievements.**
- 16) Never betraying ones trust in you.**
- 17) Standing up for that which is right.**
- 18) Straying away from the untruth.**
- 19) Carrying out every act with the knowledge of My presence.**
- 20) Being Godward and rising above humanity and becoming divine.**

**Be less human everyday  
And walk one step towards divinity.**

**Every step taken  
Will totally change the way you look at life.**

**Every step taken  
Will take away your fear of being human,  
And give you**

More and more divine strength to become God.

---

Make service a part of your life.

A part of you, as if it were your breath to live.

A part of you, as if it was your food to nourish.

A part of you, as if it was your daily hygiene.

To cleanse you.

A part of you, as if it were your rest, to relax you.

Service is something not done for others.

It is done primarily for your benefit,

For your gain to experience the bliss of divinity.

Serve selflessly, without a motive.

Do not be dependent upon praise and awards.

Do not look to see if others witness.

Serve only with one intention,

To give your love away to all those who need.

You can serve giving a kind smile.

You can serve by saying sweet words.

It does not need to be physically strenuous.

An act done with pure love,

With no expectations in return,

In the knowledge of My presence,

Is Service !

Serve all and reach Me through others.

---

Charity is but giving a little more beyond your reach.

It is not only the giving of money, food,

Or any other kinds of material possessions.

I consider true charity,

When you are able to give

More and more of yourselves,

Extending your services to where they are needed.

Giving anything whole heartedly



Is your best charity.  
Materially, you must give away things,  
That were never part of you.  
Spiritually, you must give away things,  
That are meant to be shared.  
I always give, I never take.  
I do not own any material possessions,  
That I feel are truly mine to give.  
But my treasures are filled with spiritual wealth,  
That I have come to shower you with.  
Accept my gifts  
And in turn share them with others.  
Stop holding on to useless perishables.  
Take from Me that which lasts forever,  
And carry those with you,  
Till you end this journey with Me.

---

Some areas of land face torrential rains.  
Other lands, on the other hand,  
May face only occasional showers.  
Some lands need these heavy rains,  
To survive and be productive.  
Some lands on the other hand need  
Only scattered rains to produce a crop.  
On some lands,  
There are no floods due to heavy rains.  
The land absorbs the water and  
Drains the rest due to its sloping surface.  
Other lands cannot face heavy rainfalls  
As water stagnates and destroys the crop.  
Compare this rainfall to My grace that descends.  
Some receive a lot of My grace.  
Others may receive an occasional shower.  
Some souls need this constant grace  
For them to become Godward.  
Others may take leaps and bounds towards Me



With a scattered amount.  
Some souls receive My Grace abundantly  
And it does not affect their egos.  
They do not get flooded with pride.  
Others, when they receive too much,  
May not use this grace to march forward,  
But may get flooded in ego  
And pride and become stagnant.  
I always give whatever is needed.  
Just enough to make you grow spiritually.  
I do not want My grace itself to become a hindrance,  
In your path back to Me.

---

Do not get attached to one form of God.  
Initially it starts as an attraction to the form.  
Attraction turns to dependence to that form,  
Dependence turns to  
A selfish attachment to the form,  
And the selfish attachment horrifyingly  
Turns to an obsession.  
God is not your possession.  
God belongs to one and all.  
God's Grace may dawn on you today,  
And on another tomorrow.  
Attach yourselves to all the various forms,  
I take around you.  
All of you are under the impression of seeing Me,  
When you come to Puttaparthi.  
Let Me tell you that I visit you everyday,  
In your homes, work places.  
I speak to you through your thoughts.  
I fill your heart with love.  
But how many of you recognize Me  
And welcome Me?  
Do not waste your time by planning  
A few visits with Me in your life.

I want you to spend the rest of your life with Me.  
Look for Me everyday,  
In fact, every hour, every minute,  
And every second,  
You will see that I stand before you, at all times.

---

Do not think that your troubles are over,  
Once you have come to know Me.  
In fact, your troubles have just begun.  
There is a constant internal battle within you,  
Once you take few steps towards Me.  
The God within you slowly begins to emerge,  
Does not allow you to justify your acts.  
I begin to haunt you, when your actions are wrong.  
You sometimes attain peace  
For a temporary period.  
And then get restless, as I watch you constantly.  
You begin to learn to live in God's presence.  
Your ego props up in front of Me, several times.  
I teach you to crush it.  
You feel pain at first,  
But the pain eventually turns to sweetness.  
So come, leave all your belongings  
And learn to live with Me.

---

When you make arrangements  
To travel to another part of the world,  
You have to make certain arrangements.  
You have to plan the travel ahead.  
You need a valid passport.  
You also need a valid visa  
To the country you wish to visit.  
You also need a ticket to reach the destination.

In the same way  
To come to my side of the world,  
You too have to make arrangements.  
You have to focus on your goal and concentrate.  
To make your travel successful,  
You have to renounce all attachments.  
You have to surrender your ego.  
and you have to let love become your nature.  
When you attain the above documents,  
I welcome you to My world,  
Where there is no return ticket.

---

Remember,  
I do not run after the things you run after.  
Once you are under My protection,  
I will only give what you need.  
You may get frustrated and you may lose patience.  
You may even dwindle on your faith in Me.  
But that does not deter Me.  
I am your Mother, I will not encourage your folly.  
A child may cry at first,  
When his mother refuses  
To buy him an expensive toy,  
But can he stay angry with his mother,  
All his life that?  
You too cannot stay angry with Me for too long.  
My love binds you to Me.  
That is all you really need.



And understanding in life.  
One day you hope when they grow up,  
They will use this education  
And will better themselves.  
But when they do not rise to your expectations,  
You hurt within and are deeply disappointed.  
You hope one day,  
They will realize the importance of your words,  
And be winners in all that they do.  
I too am your parent,  
And face your failures with the hope,  
That one day you will realize  
The importance of My words,  
And will rise above your humanness  
And become divine.

---

You can experience anger for one moment,  
And in that one moment, you can lose the world.  
Anger is pride, anger is ego.  
It is a self-defensive mechanism,  
Which is self-destructive.  
Remember,  
All that is done in anger,  
Can never be undone.  
You will only suffer in the agony of repentance,  
But the damage done is permanent.  
It inflicts pain on ones you love.  
It leaves you feeling exhausted and restless.  
Do not lose control, becoming an animal.  
Make My name your strength,  
My name your ideal,  
My name your practice.  
Take control of yourselves, and your lives.  
Forget your body,  
Forget your senses,  
Forget your mind,

And only remember Sai.

---

On a carpet that is already black in color,  
A little amount of dirt is not visible.  
But if the carpet is white in color,  
A little speck of dirt becomes conspicuous.  
When I start your purification process,  
I become harder on you.  
The purer you become,  
The closer you come to Me,  
The more I expect of you.  
So do not be disheartened if I test you,  
If I scold you, if I surround you with worries,  
If I instruct you a little more stricter,  
If I appear to ignore you.  
I do this only because I expect  
Progress more rapid of you.  
I love all equally, but I treat all differently.  
Do not judge Me,  
Only accept Me and My ways.

---

You can be sitting at the peak of the Himalayas,  
And still have a very restless mind.  
Leaving all, and dressing in an orange robe,  
Does not make you a hermit.  
A hermit is one that lives amongst the real world,  
And is not affected by any of its adversities.  
Do your duties, but do not be attached.  
Enjoy your riches by learning to give and share.  
Do not be addicted to them.  
Learn to live with your physical ailments.  
Ignore the pain of the body.